

SKI EASY CERTIFICATION SYSTEM

SKI EASY MODEL Certification Standards

1. LICENSING AUTHORITY: IAESS



Tasks:

- issuing of SKI EASY CERTIFICATE of TRAINING,
- database of certificates issued,
- SKI EASY database protection
- supervision of training courses,
- appointment of evaluators / appointment of course providers (SKI EASY demonstrators).

2. Evaluators / course providers / SKI EASY TRAINERS

SKI EASY licensing course providers (SKI EASY demonstrators/trainers);

- Coming from national demo teams
- Expert group: at INTERSKI ski school experts or **INTERSKI EASY SCHOOL EXPERTS** (IASS)

Who and what competences:

- A) project partner's members at the beginning
- B) additional **INTERSKI EASY SCHOOL EXPERTS** – providing courses for trainers.

3. ENTRY CRITERIA for attending a SKI EASY CERTIFICATE TRAINING COURSE candidate

Conditions to apply: **General level 1 in their respective country.**

SKI EASY ski instructor candidates should already hold a national or other recognized ski instructor license. As future SKI EASY ski instructor license holders and SKI EASY program providers. *Benefit if these candidates are graduates of the Faculty of Sport, Physical Education or other pedagogical degree program.* In any case, a college degree/secondary level/gymnasium and previous national level 1 license are a necessary entry requirement.

Name of the CERTIFICATE

Certificate name: Certificate of training

The Ski Easy Program strives to promote and educate people across the world in excellent Snowsports pedagogy and didactics. Ski Easy is a research informed approach to pedagogy and didactics.

Two sets of learning outcomes

- For Students
- For Trainers /Ski teacher

4. SKI EASY CURRICULUM:

LEARNING OUTCOMES:

- **Ski Easy Training Course Candidates** – Ski Instructors/Ski teachers

At the end of a Ski Easy Training course candidates (SKI TEACHERS) will be able to:

- Demonstrate their ability to plan and run age specific lessons using the Ski Easy curriculum, didactic tools and Mobapp.
- Choose appropriate terrain for beginners and apply basic (lift) safety considerations;
- Identify motor skill triggers and align them with (parttime) goals from first time learner to linking parallel turns;
- Articulate the scientific foundations upon which their teaching is grounded;
- Compare and contrast their country specific curricular, pedagogy and Snowsports teaching culture with the ski easy values and didactics:
- Use the mobile application in their course setting.

- **Ski Easy Training Course Conductors** – Trainers
Conditions to apply: ISIA LEVEL, Level 3, SD2,

At the end of a Ski Easy course providers (Trainers) will be able to:

- Plan and run a Ski Easy training course for participants (instructors) covering all parts of the curriculum;
- Explain details of science providing rationale for activities and curricular content;
- Teach in an inspiring and engaging manner to demonstrate and model pedagogical and didactical approaches;
- Explain and demonstrate the use and value of the mobile App
- Debrief and reflect each learning session and provide meaningful feedback to the instructor:

Topics for the teachers learning content:

- Scientifics background of exercises (being familiar how using the triggers for students) (biomechanics, didactic, motor control, psychosocial basic of child's development);.
- Special approach for ski beginners (Kids, adolescents and emerging adults);
..Teaching skills associated with different psycho-social content
- Getting international agreed approach and cultural diversities
- Using of contemporary didactic tools (IT, SKI EASY MobApp)

5. **SKI EASY TRAINING program** (*Weekend program*)

1st DAY afternoon: 3 hours theoretic lectures

2nd DAY:

Practical work: 5 hours on snow

9:00 – 12:00 practical work,

13:00 – 15: 00 practical work

Afternoon 2 hours theoretical lecture

3rd DAY:

Practical work: 5 hours on snow

9:00 – 12:00 practical work,

13:00 – 15: 00 integration knowledge workshop

1 hour wrap up = **Promotion of a new SKI EASY INSTRUCTORS**

The content of SK EASY training:

- **theoretic lectures:** the content of pocket manual and other manuals + use of mob APP;
- **practice:** a practical demonstration of the 5 steps of the SKI EASY teaching model with technique and exercises;
- A training manual for trainers and associated resources so as to ensure there is some consistency of course provision;
- Course providers need to be licensed for **4** years (INTERSKI cycle) and then have to attend another weekend of training / re-certification to remain a trainer / course provider.

6. **Continual assessment of SKI EASY CERTIFICATE of training (for SKI EASY teacher):**

- **Upgrading the SKI EASY curriculum every 4 years after the INTERSKI**

- **Certificate needs to be upgrade every 4 years.**

7. **Re-certification model: One day SKI EASY refresh SEMINAR** (total: 6 hrs)

- theoretical (1hour)
- practical contents (5 hours) (3+2) on the slope.

8. **Implementation of the curriculum:**

Other organisational data:

- SKI EASY course: groups min 8 and max. 12 students
- Annual announcement of SKI EASY course made by National ski associations but with notification and approval of IAESS (who present the dates and tenders of SKI EASY courses on IEASS webpage)

- Advertising /promotion through social media, national association's and IAESS's network;
- **a fee of the course** (minimal and maximal) depends on the nation wage of demo day (*e.i. to calculate 2,5 demo/day + costs of accommodation, ski tickets, travel costs ... + cost of organization /renting the meeting room + accessories*), suggesting that fee should not exceed the cost of comparative educational 3-days program)
- **a share for IAESS to cover administrative costs** for an amount of 10,00 -15,00 euros per person per course, (cost of certificates, data base of ski easy certificates)
- the certificate needs to be issued bilingual (national language and in English)
- **DATA RECORD:** IAESS is responsible for data base of all issued SKI EASY CERTIFICATE and National ski association are responsible for conducting licensing seminars and issuing SKI EASY certificates, as well as for maintaining a database of licensed instructors.